

MAY 03, 2024

SENIOR VOICE

Trinity School, Teignmouth, TQ14 8LY



Headmaster's Message

BY MR ROBINSON

This week part of my assembly on determination was on Emma Raducanu, the British tennis player who won the US Open aged only 18 in 2021. What a year 2021 was for her, she got an A* in Maths and an A grade in her Economics A Levels, won three matches at Wimbledon and then went better, winning all ten matches in the US Open tennis tournament, not dropping a set to become the first qualifier to become the champion. The queen then made her a Member of the Order of the British Empire. She signed lucrative contracts with Nike, Evian, Porsche, British Airways, Tiffany & Co and Dior, setting her up financially for life.

By any standards, she had “made it” but then look at 2022. She won only two matches on the tour, was knocked out of three tournaments in a row having lost the match, having served for it. At the Australian Open, blisters on her hands saw her knocked out and at the Monterrey Open, a hip injury ended her participation. She suffered further injuries which in the end have led her to have surgery. On top of that, she contracted Covid and was stalked by a man who gained some access to her house before being detained.

Continued overleaf...

This issue:

Young Enterprise

Recommended Reading

Philosopher of the Month

Swimming Masterclass

Trinity Nature Page

Dolls House Club

Boarding Life



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Since then, she has been trying to restart her career, displaying considerable resilience in doing so. I chose her as an example to share with the pupils to illustrate that determination is not something we are called on in life to show just once. Not only will life present us with unwelcomed challenges but we will set ourselves numerous goals, look to realise our aspirations and talent, whatever success we may have had. At its best, humanity does not rest on its laurels. Raducanu is only 21 and in some ways it is a curse that she achieved such a pinnacle so young. I believe she deeply desires to prove to herself and the world the quality she has as a tennis player because money here cannot be the primary driver.

Determination is something we have to show but it is also something we choose to show, a part of the human condition because as Tom Hanks once said, "If it wasn't hard, everyone would do it. It is the hard that makes it great". "Hard" of course comes in many guises, the person who commits to a marathon or couch to 5k, the person who commits time they don't have to a charity or caring and so on, not just winning tennis tournaments.



PASSION COURAGE CONFIDENCE RESILIENCE REFLECTION
ASPIRATION VISION INTEGRITY LEADERSHIP RESPONSIBILITY



OPEN DAY

DAY & BOARDING, NURSERY TO SIXTH FORM

SATURDAY 18TH MAY

BOOK YOUR PLACE



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TRINITY YOUNG ENTERPRISE TEAM- THE VINYL COUNTDOWN

Five students from the Vinyl Countdown (Young Enterprise Company) went to Exeter College on Wednesday for the Devon Final. Although our team did not win the overall competition, we did walk away with two awards. Our team won awards for the most creative company and the best presentation. The team was overwhelmed with joy at this outcome as they had worked very hard all year for this. Mrs Brown and Mr Protheroe (Business Advisor) were very proud of how the students represented the company and Trinity School.



BOARDING LIFE

Our boarders have had another action packed weekend last weekend. On Saturday, the students went on a coastal walk, bought ice-creams and then took a ferry back into Teignmouth. Saturday evening, we had a silent disco with some impressive dance moves being shown by the students and staff (I'm looking at you Ms Fischer!) On Sunday, the students went to Exeter where they used kayaks, canoes and giant SUP boards to Turf Locks and back. Everyone was exhausted Sunday evening but it was a brilliant weekend! Never a dull moment in boarding!



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BOARDING LIFE



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TRINITY NATURE PAGE

Take time to notice the beautiful blooms of spring around our school site! There is so much to discover when you look closely!



WELL DONE FREDDIE YOUNG!

Freddie completed the Plymouth 5k on Sunday with a great time of 23 minutes. He came 39th out of 394. Amazing! Mrs Atkins saw him come in and thought he looked like he could do it all again!



TRINITY DOLLS HOUSE CLUB

KS3 students have fun painting a dolls' house during clubtime. They are completely furnishing it from scratch! We can't wait to see the finished thing!



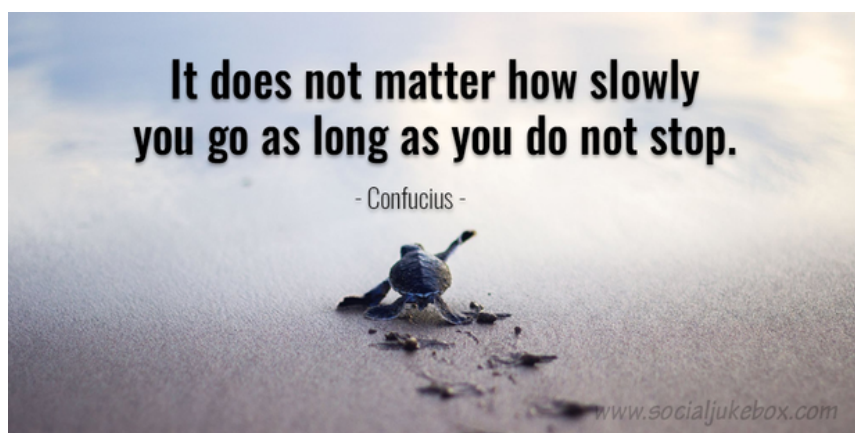
PHILOSOPHER OF THE MONTH

A very well done to Max Sanders who is the winner of the RS department's May philosopher of the month competition.

The quote he chose was from Confucius, 'It does not matter how slowly you go as long as you do not stop'

He chose this quote because it shows the importance of patience, perseverance and never giving up. He said when he struggles with his learning it really helps to inspire him.

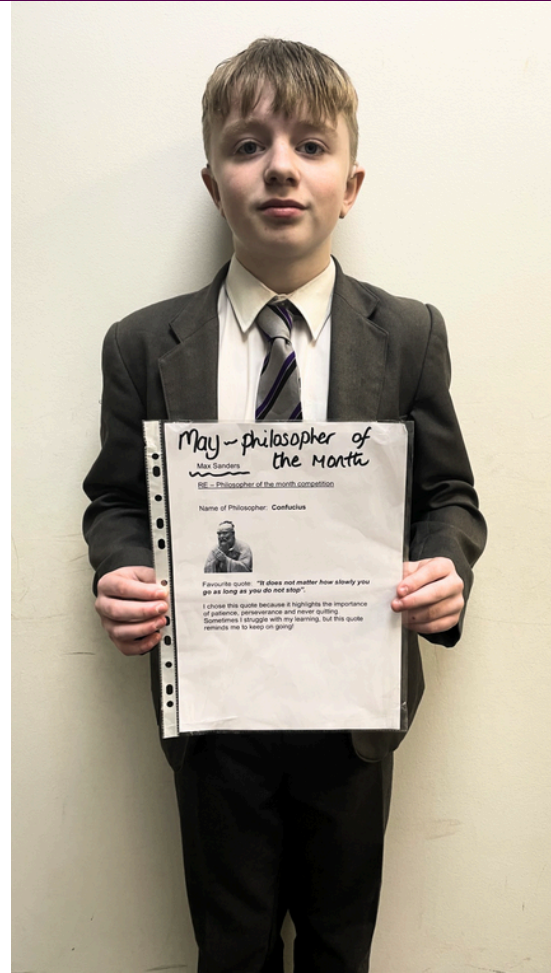
Well done Max ! His quote and explanation will be displayed on the door leading to the RS classroom for students to see.



SWIMMING MASTER CLASS

Year 7+8 and 9+10 had the fantastic opportunity to work with elite swimmers and a future Olympic prospect from our very own Sixth Form. There was a show case to show how quick Harry and Vovo really are with relay teams trying to beat them over 4 lengths. This was followed by workshop about swimming strokes to help students with their swimming technique.

Thank you to Harry and Vovo for sharing their expertise and to Mr Larkman for organising the event.



SATURDAY - STAR WARS DAY MAY 4th BE WITH YOU!

Did you know...?

- The original title for "Star Wars Episode IV" was "The Adventures of Luke Starkiller, as taken from the Journal of the Whills, Saga I: The Star Wars." George Lucas simplified it before release.
- Yoda's name is derived from the Sanskrit word "Yoddha," meaning warrior, and the Hebrew word "Yodea," meaning "one who knows."
- Jar Jar Binks was the first fully computer-generated supporting character in a live-action film.
- Lightsaber colors were initially meant to be white, symbolizing purity. The colours were later changed to blue and red to represent the good and the dark side.
- The Force concept draws from a mix of Eastern philosophies, Western mysticism, and the notion of a universal energy connecting all living things, drawing parallels with concepts found in Taoism and Buddhism.
- The language spoken by Chewbacca, known as Shyriiwook, is composed of recordings of bear, lion, walrus, and other animal sounds mixed together to create a unique and expressive language.

**HAPPY
STAR
WARS
DAY!**
**MAY THE 4TH
BE WITH YOU!**



READING RECOMMENDATIONS

The library has been looking at ways to extend the range of authors currently read by students and encouraging them to explore new and different authors and genres. So, Mrs Knapman has kindly compiled a list for each year group with suggestions to try and explore, all titles are available in the Senior Library. We will be sharing a suggestion for each years 7, 8 and 9 each week. Happy reading!

Year 7: *The Book Thief* by Marcus Zusak

Narrated by Death, the story follows the young girl Liesel Meminger, living with foster parents Hans and Rosa Hubermann in Nazi Germany during World War II. While adapting to her new home she is exposed to the horrors of the war and politics.

Year 8: *The Same Stuff as Stars* by Katherine Paterson

When Angel's self-absorbed mother leaves her and her younger brother with their poor great-grandmother, the eleven-year-old girl worries not only about her mother and brother, her imprisoned father, the frail old woman, but also about a mysterious man who begins sharing with her the wonder of the stars.

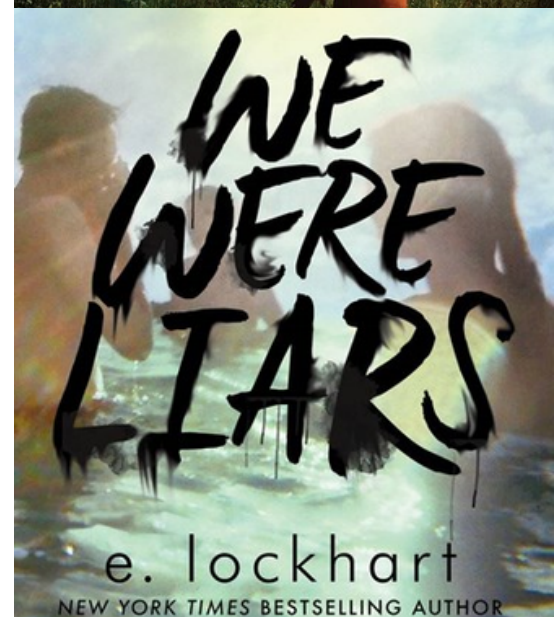
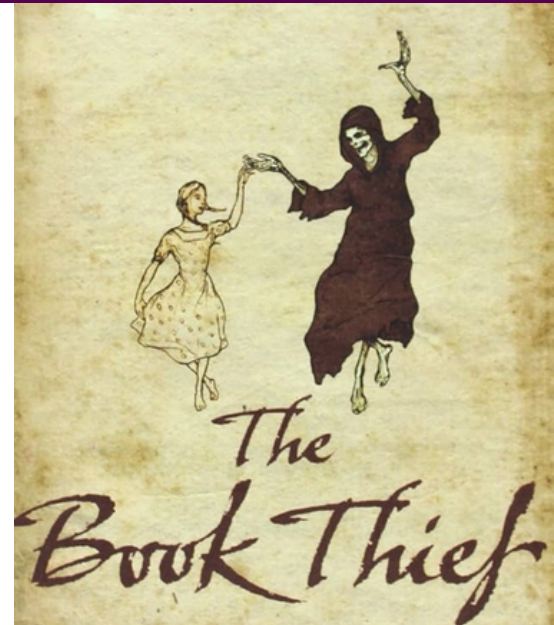
Year 9: *We Were Liars* by E Lockhart

Cadence and her friends are nicknamed the Liars and are a tightly-knit group until one summer when Cadence ends up in a serious accident. As Cadence pieces together the circumstances of her accident, she will discover the truth about herself and her family.

"

THAT IS PART OF THE BEAUTY OF
ALL LITERATURE. YOU DISCOVER
THAT YOUR LONGINGS ARE
UNIVERSAL LONGINGS, THAT
YOU'RE NOT LONELY AND
ISOLATED FROM ANYONE.
YOU BELONG.

– F. SCOTT FITZGERALD



HISTORY CORNER

Here is a photo from our archive.



ON THIS DAY... 3rd MAY

In 1791 what is considered to be the first modern constitution in Europe was proclaimed, in Polish-Lithuanian Commonwealth...

In 1808 the day was depicted in Goya's war painting, titled "The Third of May"...

In 1810 poet Lord Byron swam across what is now called The Dardanelles in Turkey....

In 1915 Canadian poet, physician John McCrae wrote "In Flanders Fields"...

In 1926 Britain's TUC called for the first ever general strike in support of striking miners...

In 1937 Margaret Mitchell won the Pulitzer Prize for "Gone With the Wind"...

In 1960 the Anne Frank House opened in Amsterdam...

In 2002 "Spiderman" starring Tobey Maguire premiered...

And around the world in various countries, the following are celebrated today...

Orthodox Good Friday, World Press Freedom Day, National Textiles Day, School Lunch Hero Day, National Space Day, International Tuba Day, National Sun Day and Chocolate Custard Day!



Mental Health Awareness

MAY



Mental Health Month

National Maternal Depression Month

Women's Health Month



Nicola Collison

PG Dip in Play Therapy & Credited Counsellor (NCPS)

Talking and Creative therapy

IT'S OKAY TO ASK FOR HELP

I will have a room set up in school so children and young people can choose, with my guidance, how they want to use the sessions.

Hi there, my name is Nicola Collison. I am a qualified counsellor accredited by the NCPS (National Counselling and Psychotherapy Society) and have a Post-Graduate Diploma in Play Therapy. Before that, I was a Primary School Teacher for over 20 years.



No thought or feeling is ever too small or insignificant to explore

“Young people’s lives are so busy and full of pressures that they are having to deal with daily. The need for a safe space where they can be themselves and learn to understand feelings that arise has become ever more important.”

I have worked with children and young people with a variety of needs. Amongst these are bereavement, anxiety, self-esteem, gender, trichotillomania, addictive tendencies, self-harm, eating difficulties, emotional and behavioural difficulties, children with A.D.H.D. and autism. I work primarily in a person-centred way, but depending on how the person I am working with wants to progress, we can dip into different ways of working together either creative or Cognitive Behaviour Therapy (CBT). This will very much allow them to lead the session and me to be there to listen- we can explore together.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to have an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about CRYPTOCURRENCY

What is cryptocurrency?

Cryptocurrency is software enabling the exchange and storage of digital 'coins' representing financial value. To monitor who owns which coins, platforms save an online record of every transaction, called a 'ledger' or 'blockchain'. This is secured by cryptography: a set of methods for protecting sensitive information. Bitcoin, released in 2009, was the first cryptocurrency; other platforms have since launched such as Ethereum, Tezos and Filecoin. As cryptocurrency becomes a more established part of digital life, young people are bound to encounter it – so it's vital that trusted adults understand its risks, and how it can be explored and used safely.

COMPLEX TECHNOLOGY

Like any new software, cryptocurrency comes with bugs, flaws and limitations. Broadly, it hasn't yet evolved to be as user friendly as web browsing or social media. Using it safely means spending time learning about the complicated technology it uses. We would strongly suggest anyone considering getting involved in cryptocurrency should consult specialised tutorials to learn about it properly in advance.

WIDESPREAD EXAMPLES

Cryptocurrency software for smartphones is often free to download from app stores. Emails with links to cryptocurrency services can land in any inbox. Cryptocurrency is also advertised on search engines, on social media and in online games (for example to buy add-ons which help players level up). It can't be purchased easily without a credit card or bank account, but young people will still be exposed to cryptocurrency in various settings.

CHANCE OF SCAMS

Cryptocurrency provides another opportunity for scammers to extract personal data and money from unwary web users. Unlike credit card transactions or wire transfers, a bank can't reverse cryptocurrency transactions after a suspected fraud – making it an appealing channel for online extortion. These transactions do leave evidence in the blockchain, however, which means that cryptocurrency scammers can and do get caught.

BEING LOCKED OUT

If you forget your online banking password, you can reset it by proving your identity in another way. In the world of 'crypto', however, the private key to access your funds can't be reset. Cryptocurrency operates without intermediaries like banks – so no-one stores a copy of users' private keys. This has security benefits, but also presents the huge risk of permanently losing access to your account. Learn how to store private keys securely before purchasing any significant amounts of cryptocurrency.

RISKY INVESTMENT

Prices can be very volatile, so cryptocurrencies are considered high-risk investments. If you might need your savings soon, don't hold them in cryptocurrency as their value could drop suddenly and sharply. Sometimes, cryptocurrency may be a profitable investment – but note that any gains are taxable. You may even have to pay tax when exchanging one cryptocurrency for another. If the currency you're exchanging is priced higher than it was when you bought it.

Advice for Parents & Carers

AVOID IF UNSURE

In the UK, cryptocurrency is considered risky, because users aren't well protected if something goes wrong. Most cryptocurrencies use software developed by decentralised communities, so there's no customer service and no support if your funds get stolen or you lose access to your mobile cryptocurrency wallet. Unless you understand cryptocurrency, it's probably best not to use it. After all, if you couldn't comprehend the highway code, it wouldn't be safe for you to drive.

EXPECT EXPOSURE

If your child plays online games that involve some form of virtual currency, and has access to some kind of payment method, they may find themselves in a position to buy and use cryptocurrency. There's probably no immediate danger, but discussing the potential risks with them could be useful. If your child is old enough to understand the concepts of spending and saving or to grasp the basics of programming, then they're old enough to learn about cryptocurrency.

CHECK CREDENTIALS

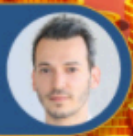
Buying cryptocurrency for the first time involves wiring funds from your bank to a cryptocurrency exchange – a business that converts your money into cryptocurrency. They can also store cryptocurrency for you, though this could present a security risk. Cryptocurrency businesses in the UK must now comply with money laundering regulations: the Financial Conduct Authority's website has a list of all business that are approved, and it's best to avoid dealing with any that aren't.

STAY CAUTIOUS, STAY INFORMED

Approach cryptocurrency with caution as well as curiosity. Don't click on links in unexpected emails referring to cryptocurrency and beware of promotions promising free cryptocurrency in exchange for personal information. Avoid mentioning on social media that you own cryptocurrency, as this can attract scammers. Stay informed of potential new risks and regulations by regularly checking specialised sources (such as CoinDesk).

Meet Our Expert

JP Vergne is an educator and associate professor at University College London's School of Management. His award-winning research on technology and organisation has been published in leading academic journals as well as in two books. JP is also a speaker and advises on startups. He tweets at @PirateOrg.



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British Theatre
SCHOOL

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July 29. - Aug 02.
Junior camps: 6 - 7 / 8 - 9 / 10 - 12

International British Theatre School. | www.britishtheatreschool.com | @BritishTheatreUK on Socials

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MAY HALF TERM CAMP AT THE PREBENDAL SCHOOL

Our Destination

The Prebendal School, Chichester

The Prebendal school is an independent school in Chichester, next to the Chichester Cathedral. It is a boarding and day school educating the cathedral choristers. The school has ancient origins as the medieval cathedral song school in the 11th Century and is one of the oldest schools in the country.

Chichester was a Roman and Anglo-Saxon settlement and a major market city from those times through Norman and medieval times to the present day.

It is known for its well-preserved Georgian architecture. Chichester has historical evidence of Roman settlement, including Roman baths, a city wall, an amphitheatre, and the old Roman road.

This camp will take advantage of Chichester's excellent location to visit other places in the South of England as well as the town's beach, shopping, cinema and theatre.

For further information, please

Fees

9 nights – Friday 24th May to
Sunday 12nd June = **£1050**

Fees include accommodation, full-board meal plan and all activities.

How to book

Email your interest to
kate.unsworth@alphaschools.co.uk



May Half Term Camp

At The Prebendal School

Fri 24th May - Sun 2nd June

Come and spend your half term holiday
on an adventure at Prebendal!

For students aged 6-16 years old.



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MAY HALF TERM CAMP AT THE PREBENDAL SCHOOL

Our Itinerary

Fri 24th May - Sun 2nd June

	9:00 - 10:00	10:00 - 11:30	1130 - 12:30	Lunch 13:00 - 14:00	Afternoon 14:15 - 17:00	Options 17:00 - 18:00	Dinner 18:00 - 19:00	Evening 19:00 - 21:30
Friday	Student Arrivals				Ice Breakers		Dinner	Board games
Saturday	Breakfast	Drone coding	Time to relax	Lunch	Zorbs / Dodgeball	Time to relax	Dinner	Detective mystery
Sunday	Breakfast	Escape room	Time to relax	Lunch	Robot wars / Benchball	Time to relax	Dinner	Movie night
Monday	Breakfast	Bag painting	Time to relax	Lunch	Nerf Battle / Hockey	Time to relax	Dinner	Music Bingo
Tuesday	Breakfast	Yoga	Time to relax	Lunch	Treasure hunt / Football	Time to relax	Dinner	Trashion Show
Wednesday	Breakfast	Picture challenge	Time to relax	Lunch	Beach trip Archery tag /		Dinner	Time to relax
Thursday	Breakfast	Quiz game show	Time to relax	Lunch	Basketball Chichester trip, Flip Out	Time to relax	Dinner	Movie night
Friday	Breakfast	Football	Time to relax	Lunch			Dinner	Time to relax
Saturday	Breakfast	Team vs team	Time to relax	Lunch	Tennis / Baking	Time to relax	Dinner	Games night / Pamper party
Sunday	Breakfast	Assisted homework time						



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MAY HALF TERM CAMP AT LUCTON SCHOOL

Our Destination

Lucton School, Lucton

Lucton is a thriving, co-educational, independent day and boarding school with an impressive 300+ year heritage.

Lucton is set on a beautiful 55 acre campus in Herefordshire and benefits from a wide range of on-site facilities including an indoor heated swimming pool, sports hall, tennis courts, sports fields and equestrian centre.

Our half term camp is the perfect blend of fun activities and time to relax with friends. You will experience an exciting range of activities and trips, while having time to relax and enjoy the facilities in our idyllic rural location.

Bring your friends and make some new ones too; we welcome students from boarding schools across the UK and from many different countries.

You will stay in our modern, comfortable, single-sex dormitories, and will be looked after by our experienced and fully qualified and vetted staff.

For further information, please [contact](#)

Fees

9 nights - Friday 24th May to
Sunday 12nd June = **£1050**

Fees include accommodation, full-board meal plan, all activities.

Transport can be arranged for an additional fee.



How to book

Email your interest to

kate.unsworth@alphaschools.co.uk



May Half Term Camp

At Lucton School

Fri 24th May - Sun 2nd June

Come and spend your half term holiday on an adventure in Lucton!



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MAY HALF TERM CAMP AT LUCTON SCHOOL

Our Itinerary



Fri 24th May - Sun² June



Friday 24th May	Arrival at Lucton		
Saturday 25th May	Symonds Yat – Laser tag, Maze, Butterfly Farm		Takeaway Night
Sunday 26th May	Hereford – Shopping and Cinema		
Monday 27th May	Bank Holiday – Home	Croft Castle	Sports
Tuesday 28th May	Shrewsbury – Trampolining at Jump In / Town Visit		Movie Night and Milkshake Bar
Wednesday 29th May	Study / Baking	Canoeing on Wye	Pamper Night
Thursday 30th May	Campfire Cookery / Baking		Swimming
Friday 31st May	Eastnor Castle and Pottery Activity		Home Movie Night
Saturday 1st June	Ludlow Market and Castle Visit		Chinese Restaurant
Sunday 2 nd June	Depart Lucton		



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